Health 99 project		
Category	Item	Description
Basic measurement	Height, weight, blood pressure, vision, color	Initial assessment of the body to understand the
	discrimination, intraocular pressure, body fat, hearing	basic state of the body. Attending physicians have
Specialist consultation	Physical examination including neck, chest, heart,	detailed physiological assessments and make a
	abdomen, limbs, etc.	sound medical record.
ABI	Peripheral vascular examination	Detect the ratio of upper arm to lower limb blood
		pressure, and the degree of vascular occlusion
Ultrasound	Upper abdomen ultrasound	Assess the structure of organs such as liver,
		gallbladder, kidney, and spleen
<b>Blood routine</b>	WBC, RBC, HB, HCT, MCV, MCH, MCHC, Platelet,	Assess blood counts, with or without anemia,
examination	DC	infection or blood disease
Urine check	Urine sugar, urobilinogen, specific gravity, ketones,	Screening for diseases such as kidney disease,
	white blood cell, occult blood, nitrite, urinary	nephritis, urinary tract infection, stones and
	bilirubin, protein, pH	diabetes
Stool check	FOBT	Screening for colorectal cancer and
		gastrointestinal tract microbleeds
Cancer screening	AFP	Screening for liver cancer
	CEA	Screening for colorectal cancer
	PSA	Screening for prostate cancer
	CA125	Screening for ovarian cancer
	CA199	Screening for pancreatic cancer
Liver function	SGOT, SGPT, ALK-P	Assess liver function
Hepatitis B	HbsAg, Anti-HBs	Assess whether one is infected with hepatitis B or
		has antibodies
Hepatitis C	Anti-HCV	Assess whether one is infected with hepatitis C
Bilirubin T	Bilirubin T	Assess whether there is biliary obstruction or
		biliary dysfunction
Alcoholic hepatitis	r-GT	Assess whether one is infected with alcoholic
		hepatitis
Serum protein	T-Protein, Albumin	Assessing albumin levels and nutritional status in
		plasma
Blood lipid	HDL, LDL	Assess the proportion of good and bad cholesterol
	CHOLESEROL T., TRIGLYCRIDE	Blood fat analysis, abnormal folate metabolism
		and potential cardiovascular risk factors
Renal function	BUN, Creatinine, Uric Acid	Assessment of kidney function
Blood glucose	AC Sugar, HbA1C	Blood glucose check, screening for diabetes, and
		assessing the average blood glucose level in the
		body within the last 3 months
Thyroid	Free T4, 3rd generationTSH	Detection of diseases such as hyperthyroidism or

		hypothyroidism	
Vitamin D	25-OH-D	Assessment of Vitamin D deficiency	
X-ray	Chest X-ray	Check for lung diseases such as emphysema, tuberculosis, lung cancer, pleural effusion, etc.	
Renal function	E-GFR	Early renal disease examination	
Electrocardiogram	Static electrocardiogram	Assessing arrhythmia and heart related diseases	
Report	Report		
Meal	Meal - to B1 Mos Burger, 1F sunmerry or 7-11		
	exchange the meal with \$70 Meal Voucher		
Project price: NT\$4500			

Only civil servants and their spouse, parents, and children.